



ATTITUDE MATTERS

Heads UP & the John Muir Award

The John Muir Award is a non-competitive environmental Award scheme focused on wild places. This could be anywhere from a mountaintop to a city garden. It encourages the discovery and conservation of wild places, in a spirit of fun, adventure and exploration.

The Heads UP JMA programme runs over four days with a rest day or two during the course. Each day starts at 9.30am but finishes between 3.00pm and 4.00pm.

Children bring their own lunch and snacks.

They will get to know their environment through observation, play and woodcraft, exploring it through writings, drawings, carvings, sculptures, music and drama depending on their own particular interests.

At the end of the programme parents and family members will be involved in the children sharing what they have learned in an informal and fun celebration of their work.

There are three levels of the Award - Discovery (4 days) Explorer (8 days) and Conserver (20 days) To achieve an Award at any level, each participant engages in a range of activities encompassing the four challenges:

Discover a wild place	Conserve a wild place
Explore its wildness	Share the experiences

There are wonderful opportunities with this Award, for children to be involved in exploring the landscape, discovering something of the diverse relationships between plant and animal life and at the same time, being involved in positive, practical ways to care for the environment.

See the Heads UP dates for the John Muir Award options available.